

MEN'S HNI MEET INFORMATION

The Houston Gymnastics Center Hosts **The 2024 Houston National Invitational – *An International Men's and Women's*** ***Competition!***

Date Jan. 19 – 21, 2024 – Open Training Thursday, Jan. 18th from 4:00 – 7:00 p.m. in the NRG Arena Halls

Location Excited to be back at the NRG Arena and surrounding Halls!
1 NRG Park
Houston, TX 77054
-- - *Plus Women's Elite & Dev. Prog. competition and Team Cup! (See women's meet information)*

Men's Meet Director Debbie Heusi & Robin Stein
(713)828-6137
hni_meetdirector@yahoo.com

Event Founder/Dir. Tim Erwin
(713) 248-1119 (cell)
Gymgolf34@gmail.com

READ ENTRY INFORMATION BELOW CAREFULLY FOR INDIVIDUALS AND TEAM CUP COMPETITORS:

Open Team Cup **\$435 per team** (allowed up to ten team members on floor -- four up, three scores count). *See OTC Rules.*

(Fri. Night Session) **NOTE: Open Team Cup is a separate competition and will run accordingly. Limited to those entered as OTC teams only! – get your reservation in early as the meet fills fast. CASH AWARDS FOR OPEN TEAM CUP!**

Jr. Team Cups \$100 per Team for Level 7 - 10 teams – CASH AWARDS! Note: Any Level 10 Teams entered in OTC will automatically be entered in Jr. Team Cup Team competition – no extra fee.

Comp Team Entries No Team Fees for any Level 3 - 6 Teams!

Individual Entries **Must register at USA Gymnastics online meet registration page, then send typed entry form and check to address below.**
Please indicate level and whether your gymnast is D1 or D2 on entry form for Level 3-6.

\$120/gymnast Level 3 -- **NO TEAM FEES** {Cash Awards for specified age group(s)}
\$130/gymnast Level 4-6 – **NO TEAM FEES** {Cash Awards for specified age group(s)}
\$140/gymnast Level 7-10 -- \$100 per team Jr. Team Cups (Cash Awards)
\$140/gymnast Senior Elite -- Cash Awards to Individuals

Checks payable to:
Houston National Invitational (HNI)
C/o Tim Erwin
1903 Red Bud Lane
Sugar Land, TX 77479

Deadline Entries must be in our hands and paid by **November 27, 2023**. Get your entries in early – we expect most sessions to be full before the deadline!

****NO LATE FEES!****

Credits/Refunds

No Full Refunds After November 27, 2023 - Specific system is as follows:

- Cancellation policy: Full refund for 2024 HNI will be extended for any cancellations received in hand prior to Nov. 27.
- **No credit of any type if entry cancelled after December 1, 2023.**
- **Level or name changes** are allowed only if space permits before Dec. 10, 2023.

*** Athlete Gift – All Athletes receive a Commemorative HNI Gift!**

OTC Rules

Complete Rules Will Be Posted on the website! *All teams will compete FIG and Jr. FIG rules with some matting exceptions for juniors.* **No combination of separate teams allowed.** *Only one club/program can make a team but can have up to 2 separate teams competing with Meet Director approval and if space permits.*

Team Cash Awards. All team awards are based on the top three scores and each team can present its top 4 gymnasts on each event. You are allowed up to 10 athletes on each team. NCAA and Gym Act Teams can enter as teams (see meet director for details, as NCAA teams will not take a place away from any DP Team).

Note: *Coaches and athletes will need to make the decision who, if anyone, accepts cash. Cash will be given to the designated Coach, or age-appropriate athlete.*

www.hnimeet.com for cash award details.

Coaches Party!

Details on Coaches/Judges party will be out by Nov. 2023 and expect a great one in downtown Houston!

(See Updates on Information Page)

www.HNImeet.org or www.HNImeet.com